



### LABYRINTHS MATTER IN EDUCATIONAL SETTINGS . . .

In this winter's edition we will take you on a journey where labyrinth walking, pioneered in a medical training facility, universities, primary and in secondary schools. There is also a story of a teacher's first dramatic encounter with a labyrinth that led to research, lists of publications including manuals for schools as well as opportunities for learning at this year's TLS Gathering. To resource your labyrinth knowledge and experience there is a 'guided walk' through the history & mystery of labyrinths on a full-size, Chartres-style stone labyrinth.

### The Victorian Dream Quest – Dreaming for the Earth

This year's Dream Quest, will give us an opportunity to tune into our intuitive dreaming capacities to experience our beloved planet. It will give her an opportunity to communicate with us about her needs and aspirations. We can become her voice. Like the First Australians, I believe that one of our tasks as human beings is to sing the song of the Earth – her oceans, rivers, mountains, creatures, peoples: her ground, water, fire, air and ether.

In the Dream Quest I invite us to imagine what it means for us to do this task – to take on the responsibility of voicing the beauty of our earthly home as well as the peril it faces. Our rational minds can chart the relationships between species in environments. We can measure the changes in climate, the extinction of species, the health of a given ecosystem. We can photograph the wonders of sunsets and sweeping vistas of mountain ranges as well as the degradation of polluted waterways and failing coral reefs. But how do we begin to sing the aria of the waterfall. What I am proposing is an expansion of consciousness and purpose following the notion of Johanna Macy and John Seed's council of all beings, [Click here for more information](#)

What would it take to adopt a creature, a geological formation, a watershed and be able to speak from its soul? What would we say to each other as we spoke for them? What would we ask of each other? What would we give each other? [Click here for more information](#)

Judith Tripp

## Australian Labyrinth Network's Newsletter



### Ancestor Spirit Labyrinth

Classic pattern modified by Geoff Rodda

"The labyrinth is a beautiful way to bring the spirit back to the shared land – Congratulations to the builder for the vision" Visitors from Uluru

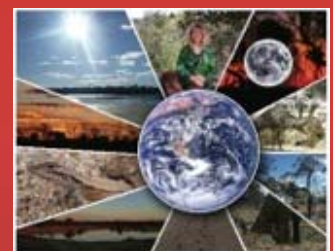
San Remo Reflections  
Journal 2007.

### ABOUT THE AUSTRALIAN NETWORK

We are an informal network of labyrinth facilitators, builders and people who have benefited from walking labyrinths.

Tina Christensen & Lorraine Rodda  
Administrators.

Email: [tlsaustralainetwork@gmail.com](mailto:tlsaustralainetwork@gmail.com)



Women's Dream Quests are being held in Victoria, Western Australia and New South Wales.

- Details of the Australian Women's Dream Quests to be held 5 to 20 of September are on page 11.

Note: Women's Dream Quests are classed as a qualifying workshop for Veriditas Facilitator Training; due to be held in Australia in 2016

## Pioneering Labyrinths in a Medical Training Facility in Victoria



### The University of Melbourne

Reverend. Dr. Helen Malcolm

Deputy Director: Medical Student Education - Rural Clinical School, Shepparton

Helen is a General Practitioner with a special interest in mental health and is a Veriditas Advanced Certified Labyrinth Facilitator

Interview conducted by Tina Christensen, Veriditas Certified Facilitator

### Dr Helen Malcolm

Melbourne University Shepparton campus

In Shepparton, a rural Victorian town, 2 hours North of Melbourne's CBD, Melbourne University has a campus. This campus holds the honour of constructing the first permanent labyrinth at an Australian university.

It was the initiative of Dr Helen Malcolm, a GP, a medical educator at the campus and an Anglican priest. She saw the possibility of it being a tool for meditation, stress management, problem-solving and team-building available for all who worked or studied at the Rural Clinical School and University Department of Rural Health.

The opening of the 11 circuit Chartres labyrinth came in March 2011. It was 6 months from first thought to opening and in fact, construction was only "finished on the day of the opening which Lauren Artress presided over."

The builder was an experienced tile layer who was on the staff and who was faithful to the design and put in a huge amount of dedicated work between his other tasks. It is a beautiful piece of work.

But let's go back a step and discover how Helen connected with labyrinths.

"I read a book called 'Sacred space: right relationship and spirituality in healthcare' by Stephen G Wright and Jean Sayre-Adams. It included just 6 pages (mostly diagrams) and 2 colour plates about the labyrinth as a sacred space and, for some reason, I was attracted to the whole concept. Lauren Artress says that you don't find the labyrinth, the labyrinth finds you. This led on to Lauren's book 'Walking a sacred path' and I've been working with them ever since."

**Helen found that working with patients and medical students, medical and professional staff, the need for a tool for relaxation, meditation, stress management, problem solving was very evident.**

Her vision was for one to be constructed at The Rural Clinical School, just opposite the public hospital, thus making it available to all these groups as well as the community at large.



Photo: Left to right Rev. Dr. Helen Malcolm the Mayor of the Greater City of Shepparton, Rev.Dr.Lauren Artress and Director of the University of Melbourne Rural Health Academic Centre.

Labyrinths are in the medical curriculum on mindfulness and health-practitioner wellbeing

In 2015, it is no longer a vision but a reality; the labyrinth is an asset embraced by the wider community. "One delightful user was a lady during her pregnancy and then again with her baby after birth. Another lady comes regularly with her dog."

Monitoring who uses the labyrinth the most, on a day to day basis is difficult as Helen's work commitments mean she is not always there. This being said, she is asked to give workshops from time to time to different community groups, patients, educators, health professionals and on World Labyrinth Day. "I adapt the information/experience to what the group wants such as self-development, stress management, team-building etc."

"People who already know about the labyrinth access it. Students are still a little unsure, even though it is near their accommodation. University staff certainly use it." For new staff and students, each year Helen presents at *Grand Rounds* which is open to health professionals, students and University staff. She includes a history of the labyrinth, refers to the small amount of research that has been done on its uses and the increasing use of labyrinths around the world, especially in hospital, hospices and universities. This is then followed by information about how to walk and what to expect.

**"I also incorporate the labyrinth into some of the tutorials I give as part of the medical curriculum on mindfulness and health-practitioner wellbeing."**

Helen personally makes use of the labyrinth at work when her mind needs "some space to find solution to a problem or just as a release from busy-ness at work."



Photo: Right Rev. Dr. Helen Malcolm with Dr. Lisa Shortridge celebrating World Labyrinth Day. Lisa is a Veriditas Facilitator, labyrinth builder and enthusiast.

"If time permitted, I would offer more labyrinth experiences to inform people about it and help them see it as a valuable addition to mindfulness practices."

Although Helen hasn't yet undertaken any empirical research into the effects on the community from having a labyrinth in their region, she does have many anecdotes from staff/health professionals/educators in particular, commenting on "how calming it is to walk the labyrinth."

When I asked Helen if there was a lot of bureaucracy in getting the go-ahead and funding she said: "I was fortunate in having a receptive RCS executive who could see the applications to help students, staff, patients and for research into the benefits of the labyrinth."

And for someone in an educational setting reading this and feeling inspired to initiate a labyrinth being constructed at their institution, what pearls of wisdom would she offer about the process?

"Be passionate! Consult Robert Ferre's website for 10 reasons your university (or hospital) needs a labyrinth." *(an updated version with 12 reasons can be found on p.3 of this newsletter)*

For Helen it has been a most satisfying venture, particularly the fact that Shepparton has a new facility that everyone can enjoy and benefit from.

**Finally when I asked Helen, was it worth it? If you had your time again, would you work to have another labyrinth built? Her reply: "Absolutely!"**

"I am now in consultation with the Council to have another one built at the newly developed Botanical Gardens." It seems the fabric of Shepparton is destined to be 'labyrinth literate' with 2 labyrinths in such public spaces. Well done Helen and well done Melbourne University for having the foresight to see the possibilities labyrinths offer an educational community and beyond.

## Labyrinths in Universities . . .

### Twelve Reasons to have labyrinths in Universities

by Robert Ferre

The following reasons are the author’s opinion after more than a decade of making labyrinths, lecturing, and conducting trainings. Read the reasons behind this list [HERE](#)

1. The labyrinth is a generic spiritual tool
2. The labyrinth is traditional
3. The labyrinth is contemporary
4. The labyrinth is physical
5. Outdoor labyrinths add another dimension
6. Labyrinth walking is a spiritual practice
7. The labyrinth is a form of pilgrimage
8. The labyrinth is a blank slate
9. The labyrinth leads us beyond the mind
10. The labyrinth builds community
11. The labyrinth promotes listening
12. The labyrinth restores balance

### Labyrinths on University Campuses

The University of Melbourne has a permanent Chartres - style labyrinth in its Rural Medical School at Shepparton. The use of the labyrinth there is offered to patients, health professionals, medical students, and community.

The Chaplaincy Programs at some universities are discussing, promoting and or offering labyrinth walking for students and staff.

- Charles Sturt University
- Southern Cross University
- Flinders University
- RMIT University

Promotion includes how to build labyrinths, where to hire canvas labyrinths as well as links to:

- [Australian Labyrinth Locator](#)
- [Labyrinth Society’s “Labyrinths in Places”](#).

### Some Feedback . . .

“I was on my way to get an energy drink from the cafeteria but now I don’t need one – I feel so energized”

STUDENT

“I can feel the stress draining away”

MEMBER OF STAFF

“I felt an incredible sense of release standing in the centre – can I get instructions, please? I think I can draw one in my carport”

MEMBER OF STAFF

“I was really disappointed that there was a basketball game going on [on the nearby court] and the traffic was noisy when I went down to walk it, but after I got a few steps in, I didn’t hear anything and when I was standing in the middle, all I could hear was the birds singing. As soon as I got out, I could hear the noises again.”

MEMBER OF STAFF



### Edgar Cayces A.R.E.

(Association for Research and Enlightenment) Virginia Beach, VA. USA.

**Edgar Cayce** (1877-1945) has been called the sleeping prophet, the father of holistic medicine, and the most documented psychic of the 20th century. [Click here for more information](#)

[Click here](#) Take a guided walk through the history and mystery of the labyrinth on a full-size, Chartres-style stone labyrinth

The Labyrinth empowers us to branch out in new ways . . . Australian Gathering ?

Branching Out  
in 2015



TLS Gathering  
October 16 – 18  
Indiana U.S.A

- TLS Scholarships to attend the Gathering : [Click here](#)
- Registration: [Earlybird Registration is Now Open; Click for Forms and Information](#)
- TLS's work globally is to inform, resource support and to promote the labyrinth as a tool for health and well-being.
- If you wish to support this work you can [join here](#)

**TLS Annual Gathering - Branching Out**  
16 to 18 October 2015 – Indiana U.S.A

The labyrinth empowers us to branch out in new ways. Join us as we creatively examine how the labyrinth is a catalyst for a life of realized potential. Click here to read more [Learning Opportunities](#) Are you inspired to go to the Gathering this year? Scholarships are available!

**Branching Out: In New Ways to Resolve Conflict Using the Labyrinth**

**Poster Presenter:** Lisa Gidlow Moriarty

Peaceful, compassionate conflict resolution between two people can be accomplished using a method that combines a time-tested mediation process with the ancient labyrinth pattern. This allows the process to move from the head into the heart and body, thus enhancing deeper understanding and exploration of ways toward peaceful resolution. Both finger labyrinths and a dual path walking design are discussed.

**Branching Out: Looking Back and Moving Forward with Labyrinth Research**

**Poster Presenters:** C. Diane Rudebock, Ed. D., R.N. & Melissa Powers, Ph.D.

This poster presentation provides a snapshot of the history of labyrinth research as well as lessons learned when conducting research and involving student researchers. Recommendations are made for branching out and establishing connections with universities and community groups to move forward the field of labyrinth research, building on our rich legacy of those pioneers in the field of labyrinth research.

**The Historic Freedmen's Town Labyrinth: Branching Out with Community Collaboration**

**Presenters:** Jay Stailey & Reginald C. Adams

Join co-creators of the Houston Freedmen's Town Labyrinth as they "walk" through the six month design, construction, and dedication of Houston's newest sacred site. With over 150 volunteers, 450 man-hours, and 1 ancient archetype, community collaboration reached remarkable heights. Discover how the energy of that creation has extended one year out in this formerly unappreciated Houston neighborhood.

**Branching Out - Creating a Living Labyrinth**

**Presenters:** Harlan Frank Showers & Bonnie Osborne

Please join us to experience the DO's and DON'T's of creating a "living" labyrinth. We will walk through this process with you from research, to creation, through construction, into maintenance. Experience the beauty of nature within the peace-filled, restful and meditative setting of a labyrinth filled with flowers, birds, bees and butterflies. The labyrinth, part of a Community organic garden, provides family daycare with fresh

**Branching Out - Secret Megalithic Healing Technology & Druid Built Labyrinths**

**Presenter:** Karen Jarldan

Karen is a specialist in Earth Energies, geomancy, dowsing, and sacred geometry design. She studied extensively with world-renowned masters in the fields of dowsing, geomancy, sacred geometry, geobiology, Feng Shui and interior alignment. Learn to use megalithic healing technologies to build powerful healing labyrinths. We will explore the role the sun, moon and earth all have in the design and feeling quality of labyrinths. These are little known secrets that powerfully effect all life.

A dramatic 1st encounter with a labyrinth leads to researching the ‘labyrinth experience’ . . .

“A Calling - Joan’s Story”

. . . we had laid out a unicursal labyrinth pattern in masking tape on the floor of the college refectory, a big bright room with tall windows along one wall. Working in teams, we completed it in time for everyone to walk through it and double back out again in one long continuous line. One of my fellow students, Joan, an older woman with a hesitant demeanour, participated with growing discomfort.

It was a large group. Most were undergraduates in their early twenties, who enjoyed working together on the layout and racing each other along the finished path in what I later learned was a time-honoured tradition of northern European village festival celebrations.

But the close proximity of so many people made her uneasy, Joan said. She had felt crowded during the walk, anxious and a little dizzy and queasy. I did not know what to think of this. It was my first time in a labyrinth, as well. Not knowing what to expect, I had been too pre-occupied with the preparations and construction to attend much to my own experience . . .



**Vanessa Compton, Ph.D. (OISE Toronto)** is a holistic curriculum specialist, practicing visual artist, and Veriditas certified labyrinth facilitator.

“A Calling – Joan’s Story “  
by Vanessa Compton

I had returned to university for undergraduate work, intrigued with the way my high school art students seemed to grow and flourish, some quite dramatically, during the workshop sessions I had with them. Although the assignments were challenging, the metalworking tools demanding, the material recalcitrant, the students had been almost without exception cheerful, inventive, and tenacious. Often coming in early and staying late, each class developed an effervescent sort of *esprit du corps* that spilled out of the art studio into the school hallway, along with the haze of burning wax and cuttlebone and the screech of power tools on metal, as they raced towards completion and the triumphant final exhibition in the front hall display case. It appeared to me that some individual and collective shift was going on during the learning process, and I wanted to find out what factors might be involved and how they were related.

Back in school fulltime again after many years away, I could feel my own foundations shifting. To pursue the question of contributing factors in my students’ educational experience from as many angles as possible, I had switched from a part time Arts degree by distance education to Independent Studies, a self-directed learning program, tethered only by my academic advisor’s approval.

What should come next? My advisor was an architecture professor, so my proposal to look at the physical context of learning and the parallels between art practice and spiritual practice, creativity and religious experience made sense to him: sometimes the appearance of a piece of sculpture really does seem miraculous to its artist, as well as being ontologically numinous.

In a religious course on sacred places, I decided to do my seminar presentation on the Minotaur and the labyrinth, knowing these only through art history and classical studies texts. I had located a method on the Internet for making a seven circuit Classical labyrinth that looked simple enough to do during class time, and Dr. Bird 2 was all for experiential learning.

Accompanied by a collection of Minotaur sculptures I’d made over the years, and armed with rolls of tape, balls of string, instruction sheets, and a stack of handouts on mythology and Carl Jung quotes, we laid out the unicursal labyrinth pattern in masking tape on the floor of the college refectory, a big bright room with tall windows along one wall. Working in teams, we completed it in time for everyone to walk through it and double back out again in one long continuous line.

One of my fellow students, Joan, an older woman with a hesitant demeanour, participated with growing discomfort.

*To read the rest of this story click on the following link:*  
<https://labyrinthed.files.wordpress.com/2012/03/a-calling-joans-story.pdf>

Pioneering labyrinths in Australian school settings . . .



Photo: Richard Zweck Chartres Cathedral

**Richard Zweck**  
Veriditas Advanced Certified Facilitator

Richard is a retired Lutheran pastor. He has served as a parish priest and a school chaplain and is passionate about the labyrinth. He lives in Queensland and has been closely associated with Lauren Artress’s visits to Brisbane, as an organizer and assistant.

**Pioneering Labyrinths in Lutheran Schools**  
by Richard Zweck

In 2009 I won a travelling scholarship from Lutheran Education Queensland to study leading children into stillness. The two areas I researched were meditation and the Labyrinth. As part of that scholarship I was blessed to go to Chartres to train as a facilitator with Veriditas.

In 2013 I was able to return to that beautiful town on another scholarship to do the Advanced Facilitator Training with Lauren Artress. While Veriditas assumes mainly adult participants my work has been mostly in schools. It has been a joy to adapt and build on my training.

While a church school is a different context philosophically from a State School, having worked in both State and Lutheran schools, I have found the students are very similar indeed! They are all very much Aussie kids!

Since 2009, I have done dozens of workshops in different schools from Prep to year 12. These are some of the lessons I have learnt:

**1.** Always trust the labyrinth! It is a powerful way to stillness for people of all ages. Many times I have seen skeptical and joking year 12’s gradually calm down and by the close of the session they are still and reflective!

It has the same effect on the very young. I have only once had to ‘close down’ the labyrinth with primary school children. That was in the early days and taught me the importance of teacher preparation before the walk! Now, before every walk I send to teachers a guide explaining how they may prepare students for the walk.

**2.** There is no need to ‘dumb down’ the labyrinth to make it acceptable to very young children. I have observed – as have others – that children are ‘naturally contemplative’.

I use the same basic program with all ages. It includes age appropriate readings and prayers, simple rituals and the ritual lighting and extinguishing of candles. I also use music I have purchased from Veriditas to create an atmosphere that is conducive to stillness.

**3.** It is important to give the students and the teachers, some background on the labyrinth. This is done in an age appropriate way. I have a PowerPoint that I adapt for children and teenagers. I have motor Neurone disease, which has adversely affected my speech so I use subtitles and animations so no speech is required. With Primary school children I have also developed a simple PowerPoint that I give to the teachers to work through with their students. I have found this works better than personally giving the talk to a much larger group.

**4.** The 7 circuit, petit Chartres labyrinth is the ideal design for schools. It is very effective at leading students into stillness and is the perfect length when time is an issue. In primary schools I usually have a little more time but sometimes in secondary schools I have had to do the talk and walk in a 40-minute lesson! While this is not ideal, I have learnt to be very flexible. South Australian artist Cedar Prest made my canvas labyrinth. I have used it countless times it is still in very good condition.

Photo below: A year 12 labyrinth walk.



Photo above: A ‘buddy’ labyrinth walk.

Year 12 student “I thought nothing and had no thoughts, which may seem like nothing, but . . .



Artist: Madison Christian-Read

I have found a number of ways you can use a labyrinth in a school is limited by your imagination! These are the main ways I have used it:

1. I have used it with senior art classes, to inspire their work. The cover of the school magazine one year featured a labyrinth painted by a student is shown above.
2. Transition walks are a ‘natural’ for the labyrinth. Pacific Lutheran College on The Sunshine Coast has 4 different sub schools: Prep – 2, year 3 – 5, year 6 - 9 and 10 – 12 year.

We had Transition walks for students moving to the next level and they were very much appreciated. I always present year 12 walks as a transition from the school to adult life. It is humbling and thrilling for me to see these young adults, so full of life, sitting in the centre of the labyrinth in deep reflection with quite a few praying. There are also occasional tears at these walks. A year 2 girl was crying in the centre at one walk and was beautifully comforted by her friends. I was concerned and asked the teacher why she might be upset. The teacher said that she was going to another school the next term. The labyrinth had given her a chance to grieve and be comforted!

3. In this 24/7 plugged in world, schools are keen to give the children an experience of stillness and so most of the walks are done in that context.

4. My favorite school workshops are the Buddy walks. They started as a Prep walk I did as an experiment. The children loved it but some needed help from the teachers to find the right path. From that grew the idea of the preps walking with their year 5 buddies. It works wonderfully and is a beautiful chance for the children to bold and for the 5’s to care for their Prep buddies. I usually let the children choose when to walk themselves but I have found that in buddy walks it’s best if they wait for their turn.

I have found schools a wonderful and rewarding place to take my labyrinth. The children and teachers both appreciate the chance to be still – for once! The success of the workshops is reinforced by the way several schools have built labyrinths and are planning to. I believe Schools and labyrinths are made for each other!

My illness may have slowed me down, but it has not stopped me from doing my school labyrinth walks or dimmed the pleasure I receive from facilitating them. As St. Augustine observed, “It is solved through walking.”

**Feedback from students and teachers . . .**

“I could feel my brain go quiet. In the middle of the labyrinth I prayed to God. I said thank you God for caring for me.”

PREP STUDENT

“When I was in the middle, I thanked God for different things. I felt cozy and I did not want to leave. I wished I had one at home. It was great. I LOVED IT.”

YEAR 2 STUDENT

“I thought about my dog dying and the time I broke my arm and it was very sad. I feel much better now because I walked the labyrinth. It made me feel much better.”

YEAR 2 STUDENT

“I prayed for my loved one who is travelling, to come home safely. The labyrinth helped me to believe he will. The school should have a labyrinth so students can go there to pray.”

YEAR 5 STUDENT

“I thought of NOTHING and had NO thoughts, which may seem like nothing, but it had a massive effect on me because I’ve always got something that I’m thinking about and to think of nothing was really strange. Thanks.”

YEAR 12 STUDENT

“The labyrinth was a very spiritual experience which I enjoyed. In my life, there’s not much silence and this experience allowed me to reflect on life in peace and quiet.”

YEAR 12 STUDENT

kids loved your pilgrimage presentation as well as being granted the experience of an organized opportunity for stopping and stillness. Thank-you for helping kids see it’s healthy just to be!

TEACHER CHAPLAIN GOOD SHEPPARD COLLEGE

“The children really enjoyed walking the labyrinth. One Prep mother said it was the first time her child said anything about school all year. She said he excitedly told her: “Guess what mum...today we went to Labrador and put all our worries on a stone and gave them to Jesus...now we don’t have to worry about them at all!”

PREP TEACHER: IMMANUEL COLLEGE

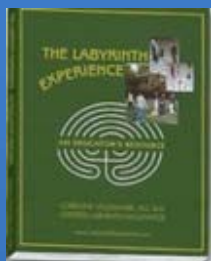
“I found the Labyrinth a great experience. It was lovely to have the opportunity to be quiet and still and to look inwardly for a change.”

TEACHER CLAIVAUX MACKILLOP COLLEGE



Resources for labyrinths within the school curriculum . . .

**The Labyrinth Experience:**  
An Educators Resource.  
by Lorraine Villemaire

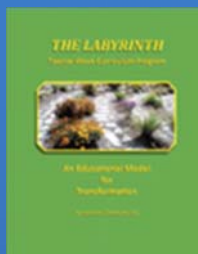


This creative and unique book that provides a broad scope of information, lessons and celebrations for labyrinth walks in multiple settings.

Its unique features encompass themes that are integrated into academic subjects: Music, Art, Literature, Science, Biology, Math, History, Social Studies, Poetry, Earth Science, Health Education, Mythology and Writing Skills. This text is a must in schools, prisons, parks, hospitals, retreat centers, organizations and churches of all denominations  
132 pages, \$US20

Download an order form [here](#)

**The Labyrinth:**  
An Educational Model for Transformation.  
by Lorraine Villemaire



This is a twelve-week curriculum program with the following themes: Introduction to the Labyrinth, Relaxation, Self Esteem, Positive Thinking, Forgiveness, Inner Peace,

The Labyrinth as a Path for Transformation, Moral Development, Problem Solving and Decision Making, Mindfulness and Meditation, Sarcasm, Humour and Laughter and Spirituality and Prayer. Participants are given an opportunity to listen to what is happening in their lives and reflect on how they may change attitudes and perspectives. 150 pages, \$US20

Download an order form [here](#)

**Kids On The Path:**  
A school manual contains DVD lesson plans a classroom ideas.  
by Marge McCarthy



The Manual with the DVD includes a photo history of labyrinths, an introduction to school labyrinths and a brief description of the steps to create a school labyrinth program.

“Kids On The Path” is all you need to know to bring a labyrinth program to a school. View and Download the Manual of the School Labyrinth Guide below:

- [kids on the path part 1](#)
- [kids on the path part 2](#)
- [kids on the path part 3](#)
- [kids on the path part 4](#)

Download all four parts in zipped format  
[http://labyrinthresourcegroup.org/?page\\_id=97](http://labyrinthresourcegroup.org/?page_id=97)

Download an order form for “Kids on the Path”  
\$US 35 plus \$US 12 shipping  
[http://labyrinthresourcegroup.org/?page\\_id=97](http://labyrinthresourcegroup.org/?page_id=97)

Other Labyrinth publications can be viewed on these links

- [Robert Ferre’s listings of small books and self-publications](#)
- [The Labyrinth Society, Inc](#)
- [Veriditas](#)

Books for reading, colouring and increasing fine and gross motor skills . . .

**Ladybug Labyrinth:**

**A Journey Home**  
by Lea Goode-Harris



Ladybug Labyrinth: A journey home is a story for all ages, but especially for children searching for the voice of their hearts in the gentle twists and turns of the labyrinth...

Tiny spot of red,  
a bit of magic in hand . . .  
Such a joy to find!

Lea Goode-Harris

To purchase this publication go to [www.amazon.com](http://www.amazon.com)

**Labyrinths for Kids**

**Spiral-bound**  
by Lani Rosetta

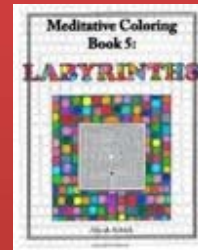


A book for educators or physical or occupational therapists. It explores the construction and use of labyrinths as a tool for increasing fine motor, visual perceptual and gross motor skills in the classroom setting. Patterns for drawing and three dimensional labyrinths, both desktop size and outdoor size for walking on as well as dozens of activity ideas for making this an exciting project.

To purchase this publication go to [www.amazon.com](http://www.amazon.com)

**Labyrinths: Meditative**

**Coloring Book 5**  
by Aliyah Schick

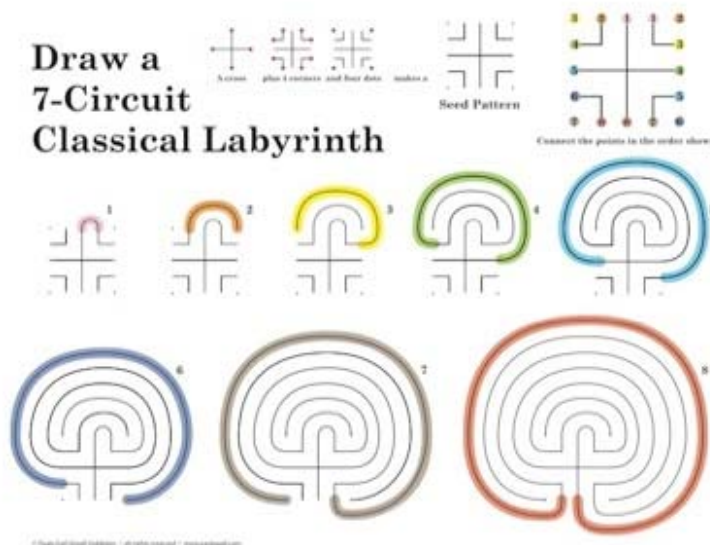


Adult coloring for relaxation, stress reduction, meditation, spiritual connection, prayer, centering, healing, and coming into your deep, true self. Ages 9 to 109. Color the drawings of Labyrinths: Meditative Coloring Book 5 to come into balance, calm, intuitive wisdom, spiritual connection, and peace, where you can access the best of yourself and learn to be more of what you are meant to be.

To purchase this publication go to [www.amazon.com](http://www.amazon.com)

The Seed Pattern Artist: Paula Gail Gisell-Goldstein

**Draw a  
7-Circuit  
Classical Labyrinth**



Dream Quest – Dreaming for the Earth - Victoria



The Women’s Dream Quest has been a beloved tradition at San Francisco’s Grace Cathedral. In this first Quest in Australia, women are invited to Dream for the Earth. We will gather with song, ritual, dance and psycho spiritual exercises to get in touch with our own dreams and to experience the support and inspiration of a sacred circle of women. In large and small group activities, we will contemplate what it means to be a wise woman at this time in history and how we might use our wisdom to dream a bright future for our beloved planet. In individual labyrinth walks, art and healing practices, we will hone our individual visions and invite new callings.

Judith Tripp, MA, MFT is a transpersonal psychotherapist, Veriditas certified labyrinth facilitator, musician and teacher. She has led the Women’s Dream Quest in the US, the UK and Poland over the last 28 years.

To Bless the Walk:  
Solo Flute on the  
Chartres Labyrinth by  
Judith Tripp



Flute pieces & chants  
Judith recorded for a  
candlelit Labyrinth  
walk in Chartres  
Cathedral on May 28,  
2009.

You will hear the  
footsteps of the  
walkers, the bells in the  
distance and feel the  
ambiance of this sacred  
space as Judith  
responds musically to  
the profoundly  
devotional experience  
of the walk.

To listen to an excerpt  
of To Bless this walk

▶ [Soundtrack](#)

[Order:](#) CD \$US 15  
plus \$US 5 postage  
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• **Women’s Dream Quest - Victoria**

Date: Saturday 5<sup>th</sup> September 2015 2pm – 10pm  
Venue: Habitat Spirituality Centre, 2 Minona Street, Hawthorn.  
Cost: \$125 Early bird price of \$125 ends midnight 25 July Standard price \$145  
Bookings: <https://www.stickytickets.com.au/27306>  
Brochure: Angela Mackenzie - Mobile 0410 288 933  
Email: Angela Mackenzie - [drangelamackenzie@gmail.com](mailto:drangelamackenzie@gmail.com)

• **Women’s Dream Quest – Wilderness Retreat - Western Australia**

Date: 7 – 11 September 2015  
Venue: Koora Retreat Centre (434.7km east of Perth 160km west Kalgoorlie)  
Registration: [www.kooraretreat.com.au](http://www.kooraretreat.com.au)  
Email: [info@kooraretreat.com.au](mailto:info@kooraretreat.com.au)

• **Women’s Dream Quest - Bring your own dream - Western Australia**

Date: 11 – 13 September 2015  
Venue: Nathanael’s Rest 800 Gill Street Mundaring  
Cost: \$375 Deposit \$100 to secure the booking  
Registration: Email [bethr@iinet.net.au](mailto:bethr@iinet.net.au) Queries 0411 043 928  
Brochure: Email [bethr@iinet.net.au](mailto:bethr@iinet.net.au)

• **Women’s Dream Quest - New South Wales**

Date: 18 – 20 September 2015  
Venue: TBA  
Registration: Email Judith Tripp [Judith@circleway.com](mailto:Judith@circleway.com)

Meeting with Mary - with Judith Tripp - Western Australian

Date: 14 September 2015  
Time: 9.30 am- 4.00 pm  
Registration \$50.00 Email [bethr@iinet.net.au](mailto:bethr@iinet.net.au) Full payment on registration.  
Venue: Nathanael’s Rest, 800 Gill Street, Mundaring, W.A.  
Brochure Beth Robertson Mobile 0411 043 928

Judith writes” In my experience at Chartres, France, Mary and the labyrinth are intimately connected. I believe that our inner experience in contemplation and labyrinth walking is an encounter with the Sacred Feminine embodied in our holy Mother. In this day of meditation, labyrinth walking, music and writing practice, we will meet Mary as she has been found in the great cathedrals, in apparition sites and the quiet of our own hearts. I’ll present images of Mary throughout history and culture and invite us to hear her voice and celebrate her in ceremony.